



Calling all Alumni !

Want to share your recovery story with the Inpatient communities? Re-introducing **IN-PERSON SPEAKING OPPORTUNITIES** at Langhorne, Quakertown, York and Lehigh Valley!

Virtual speaking opportunities are still available.

Contact Ali, Alumni Coordinator to discuss @ 267-559-3834 or AlumniAssociation@pyramidhc.com

Save the Date:



Sat, May 1, 2021
8:00 AM – 2:00 PM

Bethlehem Rose Garden Farmers Market
8th Avenue Between Broad St and Union Blvd
Bethlehem, PA 18018
<https://www.eventbrite.com/d/online/events/>

Alumni Newsletter

March 2021

WELCOME
SPRING

*"Every moment is
a fresh beginning."*

—T.S. ELIOT

DID YOU KNOW?

March has not always been the third month in a year. In early versions of the ancient Roman calendar, the year began with March. Because the month coincides with the time of the March equinox and the beginning of spring March was considered to be a month of *new beginnings!*

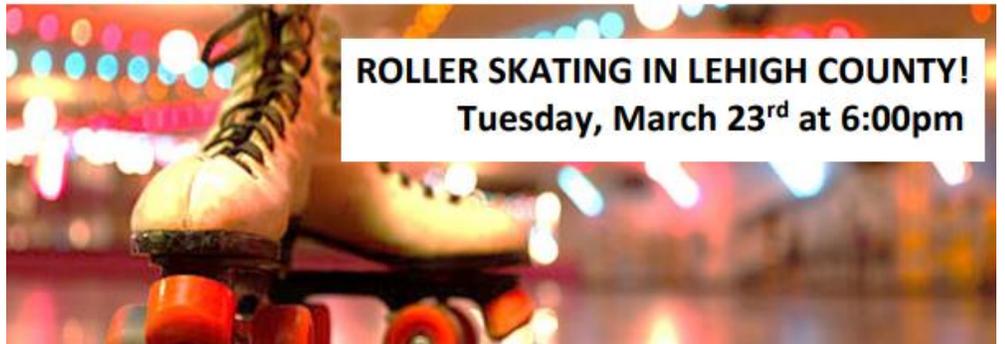


UPCOMING EVENTS

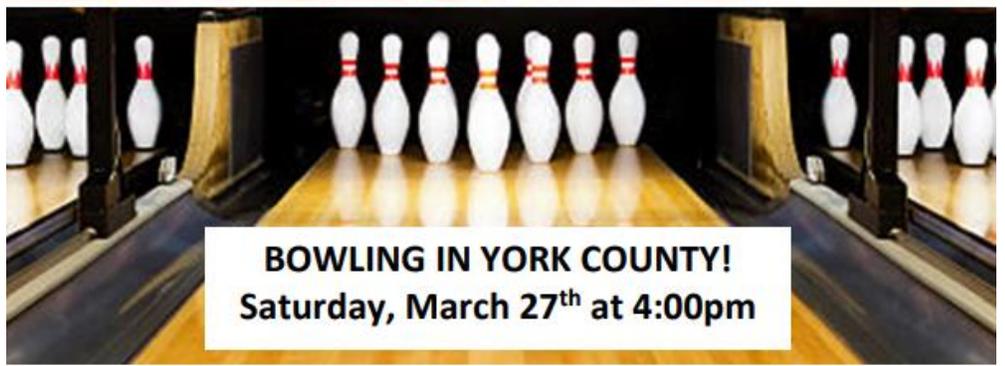
ROCKCLIMBING IN BUCKS COUNTY!
Friday, March 12th at 8:00pm



ROLLER SKATING IN LEHIGH COUNTY!
Tuesday, March 23rd at 6:00pm



BOWLING IN YORK COUNTY!
Saturday, March 27th at 4:00pm



Contact Ali, Alumni Coordinator for details and registration at 267-559-3834.

Tell Us About Your Experience with Pyramid!

DID YOU HAVE A POSITIVE EXPERIENCE IN TREATMENT?

Contact us!

Reach out to Ali (267)-559-3834 to learn how you can submit a testimonial and help the next person looking for the right treatment!

Stay Up to Date

Follow us on
Facebook to
see all
updates,
changes and
opportunities available!



Add Friend: [Embrace Change](#)
Like Our Page: [Pyramid
Healthcare Alumni Association](#)

**Know someone that is
still struggling
and needs help?**



**Call us:
888-694
9996**

pyramidhealthcarepa.com

I was completely broken walking through the doors of Pyramid. I was so desperate and fully surrendered. The staff quickly changed my perspective. The routine was rigorous but just what I needed to get life in motion. I built some everlasting bonds here and for that I am humbled. My counselor exuded everything I needed in a leader. She took her time to know my unique stay and molded my treatment plan to what she knew would be best for me. She showed me the true meaning of Step 1 because today I demonstrate willingness, open mindedness and honesty. I can leave with my head held high and the confidence to recover. I feel truly blessed to have successfully completed my treatment at Pyramid.
– Kimberly G. (Lehigh Valley)

My stay in Pyramid Healthcare Dallas helped me with healthy tools and coping skills that can help me in my recovery and my sobriety in my life. This place helped me to soul search with who I truly am deep inside. It showed me many skills that I never knew I had but I got myself back in order and I found who I am. – Laurie M.

Pyramid Hillside and Pyramid York saved my life. Thank you to all the staff at both facilities for helping me find myself and get my life back. Love and respect! - Eli R.

Pyramid Dallas makes you feel comfortable and provides you a clean, honest and sober recovery. – Brittany W.

I have had a great experience here at Pyramid Healthcare. It has truly changed my life. I have never completed a rehab and this is by far the best one I have been to. The staff truly care about helping you. I'm getting very confident about getting my life back on track.
– Brandon L. (Langhorne)

It's an awesome place to get better and learn about yourself.
– Korby B. (Langhorne)

The staff are amazing and very supportive, they are always willing to help whenever help is needed. I am really glad that I came to Pyramid again. I'm also thankful that Pyramid gave me the opportunity to come here. This was a great experience.
– Jacob R. (York)

I have had a very positive experience here at Pyramid. I have gotten a lot of excellent tools to use after leaving here.
– Jeffrey J. (Quakertown)

My life became unmanageable and was spiraling out of control. I came to Pyramid to receive help. The support of the others here along with the staff exceeded my expectations. I was given personal counseling and tools to overcome my negative triggers to addiction. I would highly recommend it to anyone who is serious about recovery. – Kevin H.