



Alumni Events:

July:

Hike & Swim

Saturday, July 13th
Tohickon Valley Park

Partnering with Sync Recovery Community
See separate flyer for more details.
*Limited Tickets. MUST RSVP
to Ali @ 267-559-3834*

Out of the Darkness *into the Light*

Overdose Awareness
CandleLight Walk & Festival
Owl Creek Reservoir 12pm – 6pm
Tamaqua, PA 18252
Hosted by Safer Streets

August:

Iron Pigs Baseball Game *Recovery Night!*

Tuesday, 8/6 @ 7:05pm
Performance by Wycked Sober
from 5pm-7pm and On-Field
Recovery Circle!
Coca-Cola Park - Allentown, PA
Must RSVP to Ali for your Alumni
ticket! Tickets available for purchase to
outside guests.



Alumni Newsletter

JULY 2019



Alumni, clients and staff had a great time at our June events! We watched *The Upside* on our outside projector in Langhorne and we made some great tasting S'mores in Quakertown!

SUMMER Picnic

SAVE THE DATE!

Sunday, August 25th 12pm- 4pm
Catasauqua Park
Children and Families welcome!
Stay tuned - More details to follow!

Alumni Meeting

Saturday, July 27th 2:00 – 4:00pm
124 Bridge St. Catasauqua, PA
(Bank building).
Open to all Pyramid Alumni!



Other Community Events?

Joe Ramos' "Break the Silence" Community Picnic
Saturday, July 27th 11am-4pm Hanusey Park – 4757 Gordon Rd. Doylestown, PA
Speakers, Resources, DJ, games, memory wall, butterfly dedication & more!

Guided Walking Meditation

Held on the 1st and 3rd Thursday of each month – 8:30am
Canal St. Park - 1420 Canal St. Northampton, PA

Central PA Recovery Walk

Saturday, August 17th Registration at 10:00am/ Walk at 11am
Legion Park in Holidaysburg, PA

Lehigh Valley Pride Festival

Sunday, August 18th 12pm – 6pm/ \$5 Admission
Presented By: Bradbury-Sullivan LGBT Community Center
JCC of the Lehigh Valley 702 N. 22nd St. Allentown, PA 18104

Southern Bucks Recovery Community Center Events:

1286 Veterans Highway Suite D-6, Bristol, PA 19007 | 215-788-3738
Coffee & Conversation – Every Friday 10:30am – 11:30am
G.R.A.S.P. – Wednesday, 7/18 7:00pm – 8:00pm
Check out the website for more info! <https://www.councilsepa.org/>



Speaking Opportunities



Share your recovery story with one of the inpatient or outpatient communities!

Available at Langhorne, Quakertown, Lehigh Valley or Bristol.

Contact Ali to set up a date, time and location at 267-559-3834 or bucksalumni@pyramidhc.com



Follow us @ [pyramidalumni](https://www.instagram.com/pyramidalumni)

Know someone that is still struggling and needs help?



Call us:

888-694-9996

pyramidhealthcarepa.com

Testimonials:

I want to say thank you to Pyramid staff. I learned so much about my disease and myself. I have never felt so hopeful about my journey in recovery. Thank you so much.

– Jeremy G.

Thanks to Pyramid Healthcare for helping me to work on myself and become strong and confident. I learned a lot here.

– Jose C.

My experience here at Pyramid Healthcare has been the best thing that has ever happened in my life. It made me love myself and notice that the man I am today is who I truly always wanted to be. I love what this place has taught me – morals, respect, loyalty, honesty and love. Most of all Pyramid has taught me how to stay clean and recovered.

– Joseph R.

The staff at Quakertown are the best. The techs are amazing and work with people on an individual basis. They are very caring and empathetic. – Erik M.

I came to Quakertown and the staff were fun, educational and caring. I liked the physical activities like volleyball, basketball and a gym. Eric R.

Great place to get sober! – John S.

This was a great place. I got a lot out of it and would love to help others when I leave. – Justin K.

When I came here, I was not ready. I tried to leave but the members at the house came together and talked me out of it. For the first time in a long time, I felt as if I mattered. The genuine love for me kept me from leaving and I eventually decided I wanted to be clean. I made true friends here. Now I have started my journey to recovery and sobriety. I am glad I came to Pyramid and met these people. Thank you. – James M.

I have been through a lot. I would like to be a part of the solution.
– Hector C.

My experience at Pyramid in Catasauqua has been life changing. I have recognized things about myself and my behaviors that I never could quite understand. I will forever be grateful for the guidance and support I received from the staff and the community. Thank you all for everything. My journey has just begun.♥ - Sheila B.

I came in beaten down and broken. Today, I am leaving with hope! – Eric G.

I am extremely grateful for Pyramid Langhorne. I appreciate all of the groups and education. I was given the tools necessary to cope and live a non-destructive, positive, an open-minded life. I am a different person – a better person. I like my life today. Thank you Pyramid for giving me my life back. I am forever grateful. – Kevin H.

Langhorne was awesome and a great facility. The staff were very compassionate and gave me the tools to succeed. I look forward to coming back to work and help others. – Ray R.

This was a great place that helped me out a lot with getting my life back on track. The staff were fair and treated me well. The group of people I have met here were awesome. – Justin S.