



## Alumni Events:

### May:



Sunday, May 19th

Transportation from multiple counties available @

<https://syncrecovery.org/transportation-2/>

### June:

Movie Night

Friday, 6/7  
7:30 – 10pm

Langhorne  
Inpatient Yard



Bonfire and  
Drumming

Friday, 6/21  
7:30 – 10pm  
Quakertown  
Inpatient

RSVP: Ali @ 267-559-3834

# Alumni Newsletter

## May 2019



Staff Pictured: Lauren Riebel, Valerie Schina, Ali Schnitzer, Michael Gill, Mike Perry

*Thank you to everyone who came out to the Overdose Awareness and Memorial Walk! It may have been a bit windy, but we had a great afternoon! In addition to the many resource tables available, we heard from great community speakers and family members who have been affected by addiction. It was a meaningful day for all in attendance!*



Be sure to join the next **Lehigh Valley Alumni Meeting !**

Saturday, May 18<sup>th</sup> 2:00pm – 4:00pm @

124 Bridge St. Catasauqua, PA (Bank building). Open to all Pyramid Alumni!

Bethlehem Recovery Center is hosting: *Chillin' and Grillin'*  
Sunday, June 2<sup>nd</sup> 12pm-5pm - 548 N. New St. Bethlehem, PA 18018  
Call for details: 610-849-2209

Not One More York Chapter 4<sup>th</sup> Annual 5K Walk/Run For Recovery  
Saturday May, 18<sup>th</sup> 8:00 AM John C. Rudy County Park  
Registration Details @ **evensi.us**

### **Southern Bucks Recovery Community Center Events:**

1286 Veterans Highway Suite D-6, Bristol, PA 19007 | 215-788-3738

AA – Every Friday Night – 7:00pm – 8:00pm

NA – Every Monday Afternoon – 1:00pm – 2:15pm

Career Pathways – Every Tuesday Night – 5:30pm – 6:30pm

**\*NEW SATURDAY PROGRAMMING AVAILABLE\***

Career Pathways – 10:00am – 11:00am

Grief & Loss – 11:00am – 12:00pm

Medication- Assisted Recovery Group – 12:00pm – 2:00pm



## Alumni Speaker Groups



Share your recovery story with one of the inpatient or outpatient communities!

*Available at Langhorne, Quakertown, Lehigh Valley or Bristol.*

Contact Ali to set up a date, time and location at 267-559-3834 or [bucksalumni@pyramidhc.com](mailto:bucksalumni@pyramidhc.com)

**“A journey of 100 miles begins with THE FIRST STEP.”**

**Know someone that is still struggling and needs help?**



**Call us:**

**888-694-9996**

[pyramidhealthcarepa.com](http://pyramidhealthcarepa.com)

The staff at Pyramid are amazing. Everyone made me feel comfortable and were genuinely driven to help keep us clean and sober. Even the higher up staff truly cares about the clients. I highly recommend Pyramid to start your recovery. – Corinn F.

Pyramid Healthcare helped save my life. You get what you give out of this program. This is your life, so fight for it. Someone once told me “Don’t waste the bed.” Today I am glad to say I am a fighter. Today I am worth it. Today I am glad to know there is a better way to live. Thank you Pyramid Healthcare. – Corey S.

Pyramid Langhorne was a very good experience for me. The staff is great. If you come in with an open mind, you will learn a lot. My experience was life-changing. Thank you Pyramid. – James S.

I would like to thank Pyramid Quakertown for all they have given me. I would also like to thank all of my peers for being a part of my recovery. Remember, we can all do it! One day at a time!  
– Francisco C.

**This was a very healthy environment for recovery and a life-changing program.**  
– Joseph R.

Thanks to Pyramid I am alive and doing very well today. I have learned to love myself and to express my feelings without worry of judgement. I have learned to be unselfish and to have courage as well as strength to participate in my recovery actively. I am more than grateful for the Pyramid program. Thank you for helping me to be the best man that I can be. – Richard D.

There are truly not enough words to convey the appreciation I have for this facility. I’ve

**My experience at Pyramid was great. I came in totally broken. The program brought me back to who I am and who I lost through my addiction. Thank you to the staff at Pyramid for saving my life. – Robert S.**

had such an amazing experience and met such beautiful and incredible people. I will never forget my time spent here. – Danielle M.

I enjoyed the groups here at Bristol. I always felt like I was able to openly share anything I had going on in my life. The staff I have worked with were great, welcoming and trustworthy as well.  
– Jessica Z.

**Being in the Catasauqua facility has forced me to look at my behaviors and apply the precepts I have learned, specifically my sense of entitlement!**  
– Sean L.

I want to give a huge thanks to the staff and techs at Pyramid Langhorne for helping and inspiring me to change my life and show me the road to sobriety. – Chris F.