



Alumni Events:

April:

Overdose Awareness Day and Memorial Walk

Saturday, 4/27 @ 12pm



Talen Energy Stadium:
1 Stadium Dr. Chester, PA 19013
More details to follow.

May:



Sunday, May 19th
12pm – 5pm

ArtsQuest, Bethlehem, PA
Bus seats available from multiple counties at:

<https://syncrecovery.org/transportation-2/>
More details to follow.

Alumni Newsletter

April 2019

Thank you to those who came out to our *Thriving in Recovery* Speaker Jam. We had such a great turnout! Our alumni speakers had great messages for our audience on the struggles of addiction and the obstacles they have overcome. It was great to see how well everyone is doing in recovery!



Clients and alumni submitted amazing artwork! The top three pieces will be on display at Rally in the Valley at ArtsQuest next month!



Other Events Happening during the Bucks County Blitz:

Friday, April 19th 6:30-9:30 – The Zen Den – 41 E. State St. Doylestown, PA 18901
The SlideWinder Blues Band will be playing at the Zen Den to benefit Friends MATTER.

⚡ BUCKS COUNTY BLITZ ⚡

Check out the full list of events @ <https://buckscountyblitz.org/>

The *Alumni Association* officially launched at **Lehigh Valley Inpatient** on 4/1!

Welcome to the team Kelli, Sue and Christine!

Lehigh Valley also had their first Alumni meeting which was a great success! All Pyramid Alumni are welcome to join them in this meeting held on the *last Saturday of every month!*

Next Meeting: Saturday, 4/27 @ 2:00pm

124 Bridge St. Catasauqua, PA – Bank Building



Alumni Speaker Group

Share your story with one of the Pyramid Healthcare inpatient communities!



Contact Ali to set up a date, time and location at 267-559-3834 or

bucksalumni@pyramidhc.com



What is coming up this summer?

- *Outside Movie Night*
- *Campfire/ Drumming*
- *Pig Roast*
- *Iron Pigs Baseball game*

Stay tuned for details!

Know someone that is still struggling and needs help?



Call us:

888-694-9996

pyramidhealthcarepa.com

Client Testimonials

My time at Pyramid Langhorne was the best thing that could have happened to me. The facility was great and has taught me so much about my addiction, my mental health and successful ways to start recovery. Thank you to all staff for pitching in to help save my life. – Kevin H.

This place was awesome. I really enjoyed going to groups here at Bristol and never in a million years would I have thought I would finish a drug program. I love this place and the staff. Thank you. – Kelly H.

The Quakertown facility is a good place. The staff and counselors really understand the clients and try to help them. – Rich G.

Shout out to the Langhorne Farmhouse staff – amazing and strong women. – Nikki M.

I had a great experience while at Pyramid. Everybody was great and very helpful. My counselor, My counselor was wonderful and really helped me a lot. Thanks to everyone at Pyramid Quakertown. – Ashley L.

Not only are the staff here at Lehigh Valley amazing, but the community is too. The techs are very passionate and you can tell they actually care and love what they do. I couldn't have asked for a better way to start my road to recovery. I am truly blessed to have had such an amazing experience. Pyramid Healthcare has definitely made a powerful impact on my life and I am truly grateful. – Cheryl K.

Pyramid helped me to love myself, helped me to respect myself and know my true value as a person. Going through 13 years of drug and alcohol addiction I had no hope as I was slowly killing myself. Through my addiction, I lost jobs, was kicked out of my university and lost all trust with my family who I loved very dearly. Coming to Pyramid it has all changed. I have been taught tools to deal with my addiction and life. I now love living life and know that I have so much potential in life. I want to give back to others in my community and help those who are struggling with addiction and in need. I now love life and have so much love for myself and others thanks to Pyramid.
– Thomas L.

My experience at

Pyramid has brought me

back to life. When I first came in it was rough but the people here saw the potential in me. They told me to ride it out and make it up the hill to the top where it will be easier to be myself and a part of this program. I did and that created this family and brotherhood that will be hard to leave.

– Daniel H.

Pyramid Healthcare, Catasauqua – has taught me that it is okay to be vulnerable. I have to be honest and say that I wasn't exactly thrilled when I first arrived but upon being here for some time, I got very close to all of the women and I began to feel surrounded by family. These women laughed with me and cried with me. They called me on my nonsense and congratulated me on my growth. The treatment team (though I can't stand when they are right) have the biggest hearts I have ever had the pleasure of experiencing. Love radiates off these walls and because of that I feel worth all that life has to offer me. Because of this place, I love myself and I am ready to really "live my best life!" – Nicole S.