



Alumni Events:

January Game Night!

Come join us for a night of fun and relaxation playing:



January 25th @ 7pm
Langhorne Inpatient
1990 Woodbourne Rd.
Prizes available!

February

Get ready for
basketball!
More details to come!



Alumni Newsletter

January 2019

Happy New Year!



Thank you to all of those who came out to celebrate the holidays at our comedy show! Not only did we get to share in a ton of laughter thanks to Liz Russo, we also had a special visit from the big guy in red!

Miss the show?

Catch Liz at SteelStacks on January 24th from 7:30pm -9pm for the *Dry Humor: Standup for Recovery* show. Tickets are \$20.

101 Founders Way, Bethlehem, PA 18015

Other Events in the Area:



Join STR in creating *Blessing Bags*, this **Sunday, 1/13 @ 1pm** 1400 Veterans Highway Levittown, PA 19056 They are looking for individually wrapped, non-perishable food items to be donated.

Southern Bucks Recovery Community Center Events:

1286 Veterans Highway Suite D-6, Bristol, PA 19007 | 215-788-3738

Acupuncture: Every Wednesday 1:30-3:30pm

Living Hopeful Family Group: Every Monday 6:30- 8pm

G.R.A.S.P : Thursday, 1/17 @ 7:00pm



Want to be a **CERTIFIED RECOVERY SPECIALIST ?**

Penn State Lehigh Valley will begin offering its Certified Recovery Specialist (CRS) training in January. Classes will be held from 9:00 a.m. to 4:30 p.m. on Saturdays at the Lehigh Valley campus, located at 2809 Saucon Valley Road in Center Valley. For information on requirements and to apply online, visit the CRS training website.

Alumni Speaker Group



Share your story with one of
the PHC inpatient
communities!

Contact Ali to set up a
date, time and location!

215-968-4713 ext. 230 or
bucksalumni@pyramidhc.com

NEW NUMBER

267-559-3834

Call or text to reach out
for any questions or
suggestions regarding
the Alumni Association!

Know someone that is
still struggling and
needs help?



Call us:
888-694-9996

Client Testimonials

I believe that Pyramid Langhorne is a big part of turning my life around. The staff and counselors were very courteous and helpful in making my stay there comforting. If you are serious about your recovery, I suggest Pyramid.

-Derek H.

Pyramid gave me a great place to recover physically, mentally and emotionally. They fed me great food and the staff were very respectful. The medical staff, techs, and counselors gave me the tools I need to be successful.

★★★★★ for Pyramid! – Shawn P.

This was a great experience. I learned a lot and I am glad to get my life back on track. Thank you Pyramid and all of the staff! - Karl T.

I believe I had a great experience. I've learned a lot about my addiction, myself, and how to treat others with respect. The techs were great and the other clients helped me a lot in my recovery. – Richard B.

I have learned a lot here from other people's experience and hope. It has opened my eyes to where I am at in my recovery and spirituality.– Andres L.

When you are surrounded by people who truly care, the dynamics are changed from being punished for your mistakes to an opportunity to truly learn from your mistakes. – Corey P.

I am so grateful for Pyramid and all of the staff here at Quakertown especially my counselor. This is my twenty-third rehab and I am forty-nine years old. I have truly been working on myself and reasons why I constantly relapse. I now feel good about myself and that I can stay clean. Thank you everyone. – Elwood H.

My time at Pyramid was spent involved in many various groups. I was introduced to meditation, yoga and trauma groups. It has given me the ability to get in touch with my true self. I fell in love with myself as well as Pyramid. My time spent here has changed my life and has given me the groundwork for a life of recovery. - Richard H.

I really liked my time spent at Pyramid Quakertown. The staff was really great. My counselor was great and I appreciate all the help I got. – Michael F.

My overall experience at Pyramid was very informative in allowing me the tools to start the process of recovery. I would truly like to recognize all of the staff for their professionalism in guiding me through the experience as I genuinely hate to be departing. – Carlise J.

*Positive Mind.
Positive Vibes.
Positive Life.*