



Assessment Center

About

Pyramid Family Behavioral Healthcare is pleased to offer the Assessment Center to serve clients and families in need of support and guidance in exploring treatment options. While the experience of a behavioral health condition is common, navigating treatment options can be quite difficult and overwhelming.

The Assessment Center can clinically identify and provide treatment options for adolescents and adults with mental health conditions, substance use disorders and eating disorders, while helping to navigate the broad range of treatment options, thereby accessing appropriate solutions based on need.

The Behavioral Health Assessment provides helpful insight surrounding mood/emotions, cognition, relational dynamics, overall general health and life stressors, such as work and school.

Assessment Process

The assessment process consists of the following components:

- **Assessment**
- **Identification of Need**
- **Plan of Action**

The Assessment

The assessment is conducted in an interview format with the client and collateral information is gathered from the family and any existing treatment providers, when available. A psychosocial history is conducted and supplemental screening tools may be administered as a part of the assessment. Any additional medical records or testing submitted prior to the assessment will be reviewed.

Hours of Operation: Monday – Friday | 10:00 AM – 6:30 PM

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Identification of Need

The assessment will identify the immediate clinical needs based on the information gathered. The appropriate level of care can then be determined along with the clinical issues that are preventing the client from returning to a state of equilibrium and well-being.

Plan of Action

With an understanding of what services are needed to address a client's behavioral health condition, the Assessment Center can help narrow the options so families and clients can make informed decisions about what solutions may best suit their circumstance. The Assessment Coordinator will also assist the client and family connect with a behavioral health provider who can support the next step in getting the help that is needed.

Post Assessment

After the assessment is complete, a Master's level clinician will meet with the client and the identified support system to:

- Review assessment and diagnostic impressions
- Review appropriate and ideal treatment options available based on clinical needs
- Assist the client and family and/or support system in accessing treatment
- Ensure continuity of care with other treatment providers who may already be involved in the client's care

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