



## Pyramid Healthcare

AN INTEGRATED BEHAVIORAL HEALTHCARE SYSTEM

Founded in 1999 and headquartered in Altoona, PA, Pyramid Healthcare's 20+ year commitment to providing a full continuum of quality, client-focused care has established an integrated network of 16 affiliated behavioral healthcare organizations as respected leaders in the effective treatment of individuals struggling with substance use, mental health, and eating disorders across 7 eastern states.



### **PYRAMID HEALTHCARE, INC. • NEW JERSEY, PENNSYLVANIA, & VIRGINIA**

**27 LOCATIONS:** *Adult detox, halfway houses, and Medication Assisted Treatment (MAT); Adult/teen residential/inpatient, partial hospitalization, intensive outpatient, outpatient, dual diagnosis, and specialty substance use and mental health treatment programs*

Pyramid Healthcare, Inc. is a premier provider of effective, high quality behavioral healthcare offering a full continuum of in-person and telehealth mental health and substance use treatment programs for adults and teens at 27 locations across New Jersey, Pennsylvania, and Virginia.

[pyramidhealthcarepa.com](http://pyramidhealthcarepa.com) | (888) 694-9996



### **HIGH FOCUS CENTERS • CONNECTICUT & NEW JERSEY**

**8 LOCATIONS:** *Adult/teen partial hospitalization program; Adult/teen intensive outpatient and outpatient substance use, trauma, and mental health treatment; Adult Medication Assisted Treatment (MAT)*

High Focus Centers is a premier provider of structured outpatient substance use and mental health treatment programs for teens and adults. With 8 locations throughout CT and NJ, High Focus Centers provides elite-level care in a non-restrictive setting and works with every client to develop a treatment plan based on recovery needs.

[highfocuscenters.com](http://highfocuscenters.com) | (800) 877-3628

### **REHAB AFTER WORK • EASTERN PENNSYLVANIA**

**9 LOCATIONS:** *Adult outpatient and intensive outpatient treatment; Adult clinical evaluations/screenings; Adult partial hospitalization program; Adult addictions awareness/DUI programs; Adult Medication Assisted Treatment (MAT)*

Rehab After Work has helped addicted individuals find the road to recovery for over a decade. With locations throughout eastern PA, Rehab After Work offers flexible daytime and evening outpatient treatment services that allow adults to fulfill their daily school or work responsibilities while receiving the help they need.

[rehabafterwork.com](http://rehabafterwork.com) | (610) 644-6464

### **SEEDS OF HOPE • EASTERN PENNSYLVANIA**

**3 LOCATIONS:** *Adult/teen partial hospitalization, intensive outpatient, and outpatient eating disorders treatment*

Seeds of Hope provides support and direction for individuals struggling with an eating disorder. Clients receive needed treatment and develop coping skills in the least restrictive environment possible while maintaining their daily lives and routines.

[seedsofhopessupport.com](http://seedsofhopessupport.com) | (610) 644-6464

### **THE LIGHT PROGRAM • EASTERN PENNSYLVANIA**

**11 LOCATIONS:** *Adult/teen outpatient and intensive outpatient mental health treatment; Adult/teen psychiatric therapy; Adult/teen partial hospitalization program; Residential treatment for adult women*

The Light Program focuses on providing each client with solution-oriented treatment by offering effective, implementable coping methods designed to help the client build confidence in their recovery. Multiple eastern PA locations and a flexible schedule make residential and outpatient treatment options convenient and accessible.

[mylightprogram.com](http://mylightprogram.com) | (610) 644-6464

### **MAZZITTI & SULLIVAN • CENTRAL PENNSYLVANIA**

**3 LOCATIONS:** *Adult/teen outpatient and intensive outpatient treatment; Adult/teen outpatient mental health treatment; DUI programs; Employee Assistance Program*

Mazzitti & Sullivan's commitment to helping people throughout central PA is evident through its counseling approach and specialty treatment services. Mazzitti & Sullivan prioritizes patient care, service delivery, and successful outcomes. Mazzitti & Sullivan also provides nationwide Employee Assistance Program services and prides themselves on producing a healthy and engaged workforce for corporate clients.

[mazzittiandsullivan.com](http://mazzittiandsullivan.com) | (800) 809-2925 [mseap.com](http://mseap.com) | (800) 543-5080

### **PYRAMID ONLINE COUNSELING • MARYLAND, NEW JERSEY, & PENNSYLVANIA**

**VIRTUAL:** *Adult/teen outpatient mental health and co-occurring disorders treatment*

Pyramid Online Counseling utilizes a secure telehealth platform to connect individuals and families with licensed counselors who specialize in delivering high quality, convenient, and confidential teletherapy and telepsychiatry services.

[pyramidonlinecounseling.com](http://pyramidonlinecounseling.com) | (833) 525-3077



Rehab After Work





## SILVERMIST • WESTERN PENNSYLVANIA

*Residential substance use treatment for young adults*

Silvermist aims to inspire hope in young adult clients who suffer from substance use issues through empowerment, fellowship, and recovery. A private, rural location provides the optimal setting for a transformative treatment experience that also addresses complexities including trauma and mental health issues, that are often part of the root cause of an individual's addiction.

[silvermistrecovery.com](http://silvermistrecovery.com) | (724) 481-1284



## SILVER RIDGE • ASHEVILLE, NORTH CAROLINA

*Adult residential substance use treatment*

Nestled in the stunning Blue Ridge Mountains of Mills River, NC, Silver Ridge offers comprehensive and holistic care for mid-life professionals seeking a discreet and supportive recovery environment unmatched anywhere else. Silver Ridge's dedicated treatment team provides clinical excellence through its client-directed, outcome-informed, and data-supported approach.

[silverridgerecovery.com](http://silverridgerecovery.com) | (855) 875-4820

SILVER RIDGE



## REAL RECOVERY • ASHEVILLE, NORTH CAROLINA

*3 LOCATIONS: Adult structured sober living and Medication Assisted Treatment (MAT) supported structured sober living; Partial hospitalization, intensive outpatient, and outpatient substance use treatment; Transitional housing*

Real Recovery is an adventure-based primary substance use aftercare program, outpatient services, and sober living for men and women 18-28 years old. Real Recovery is MAT-friendly and clients reside in beautiful accommodations in scenic Asheville, NC with a focus on life skills and academics. Real Recovery's mission is to teach young adults how to enjoy life clean and sober.

[myrealrecovery.com](http://myrealrecovery.com) | (855) 363-7325



## TAPESTRY • ASHEVILLE, NORTH CAROLINA

*3 LOCATIONS: Adult primary residential, partial hospitalization, and intensive outpatient eating disorder treatment; Teen primary residential, partial hospitalization, and intensive outpatient mental health and co-occurring eating disorders treatment*

Located in western NC, Tapestry provides client-centered and individualized mental health and eating disorders treatment that empowers adults and teens to improve their lives by practicing their newly learned skills in real world settings.

[tapestrync.com](http://tapestrync.com) | (855) 396-2604

Tapestry



## OCTOBER ROAD • NORTH CAROLINA

*2 LOCATIONS: Adult partial hospitalization and intensive outpatient substance use treatment; Adult/teen partial hospitalization and intensive outpatient mental health treatment; Adult Medication Assisted Treatment (MAT) treatment; Medication Management*

October Road provides mental health and substance use treatment services for adults and teens in western NC. In addition to developing recovery-oriented systems of care and providing evidence-based treatment, October Road offers relevant trainings to local service providers.

[octoberroadinc.net](http://octoberroadinc.net) | (888) 201-5086

## FREEDOM DETOX • NORTH CAROLINA

*Adult detox*

Freedom Detox is a 20-bed program in western NC that provides individualized, medically-managed drug and alcohol detoxification treatment for adults in a discreet, clinical setting. Available services include medication consultations, in-house support, counseling, and continuity of care referrals.

[freedomdetoxnc.com](http://freedomdetoxnc.com) | (800) 475-2312

FREEDOM  
DETOX



## PYRAMID FAMILY BEHAVIORAL HEALTHCARE • GEORGIA

*2 LOCATIONS: Adult/teen partial hospitalization and intensive outpatient mental health treatment*

Located in Johns Creek and Sandy Springs, GA, PFBH provides individualized partial hospitalization and intensive outpatient programs for adults and teens who are suffering from mood and anxiety disorders including depression, bipolar disorder, ADHD, and many other common behavioral health conditions.

[pyramidfbh.com](http://pyramidfbh.com) | (866) 204-7306

## WALDEN • MARYLAND

*5 LOCATIONS: Adult partial hospitalization, outpatient, and intensive outpatient co-occurring disorders, detox, Medication Assisted Treatment (MAT), and inpatient substance use treatment programs*

Since 1973, Walden has grown and evolved to meet the needs of individuals and families in Maryland with behavioral health issues and crisis concerns. Today, Walden offers a full continuum of partial hospitalization, inpatient, and outpatient substance use treatment options, co-occurring disorders treatment, and recovery support.

[pyramidwalden.com](http://pyramidwalden.com) | (301) 997-1300

