



FEMALES 18+

**MENTAL HEALTH
& SUBSTANCE USE
TREATMENT**

**RESIDENTIAL CARE
PROGRAM**

**MEDICATION
ASSISTED TREATMENT
(MAT)**

**COUNSELING
SERVICES**



**124 Bridge Street
Catasauqua, PA 18032**

**24/7 ADMISSIONS
(888) 694-9996**

pyramidhealthcarepa.com

Lehigh Valley Residential Inpatient Treatment Center

Pyramid Healthcare's Residential Inpatient Treatment Center in Lehigh Valley provides a trauma-informed, person-centered treatment model for women in search of meaningful, long-term recovery.

In addition to evidence-based treatment, clients participate in scheduled groups, individual counseling, and a variety of gender specific specialty services designed to support their transition to a sober lifestyle.

What We Offer

- » 47 residential beds for females 18+
- » Short and Long-Term Treatment Services
- » Mental Health & Substance Use Treatment
- » Medication Assisted Treatment (MAT)
- » Individual & Group Counseling
- » Co-Occurring Group
- » Family Group
- » Case Management
- » Aftercare Planning
- » Lehigh Valley Connections Pregnancy Program
- » Orientation Group
- » Safe Space Meeting
- » Re-entry Group
- » Criminality Group
- » Alumni Events



TREM Group

The Trauma Recovery and Empowerment (TREM) group empowers women to process and heal from the effects of trauma, mental health, and addiction in a safe, supportive environment.

Each topic in the curriculum-based group is specifically designed to help clients recognize their response to trauma and develop healthy coping and self-soothing skills. Talk therapy and grounding/meditation exercises further assist clients with emotional regulation.

Parenting Group

This group enables women to identify and implement healthy and effective parenting skills. Participants learn:

- » Self-Care Techniques
- » "I Feel" Statements
- » Rebuilding trust with children
- » Growth promoting activities

Additional Activities

Clients can enhance their structured treatment experience by participating in a variety of creative therapies, including:

- » Trauma Art Narrative Therapy (TANT)
- » Yoga
- » Drumming

Medication Assisted Treatment (MAT)

We educate, induct, and maintain clients on all forms of Medication Assisted Treatment (MAT) including Suboxone®, Vivitrol®, and Methadone. Physician approval is required for induction while in treatment.

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We do not discriminate against any patient in relation to admission, treatment, discharge, continuing care or employment based on race, color, religion, creed, national origin, sex, disability (including limited English proficiency) or sexual orientation. We offer priority admission to at-risk populations including IV drug users, adolescents, women, women with children, veterans, overdose survivors and preferential treatment services to pregnant women. Pyramid Healthcare, Inc. employees and the public may contact the Commission on Accreditation of Rehabilitation Facilities to report any concerns or register complaints about a CARF accredited health care organization by calling (866) 510-2273 or by email at feedback@carf.org. Rev. September 2020.