



# Altoona Outpatient Treatment Center

## Available Services

- » Level of Care Assessments
- » Walk-in Appointments Available: Call for days & times
- » Adult Partial Hospitalization Program (PHP)
- » Substance Use Intensive Outpatient (IOP)
- » Substance Use Outpatient (OP)
- » Substance Use Individual Therapy
- » Adolescent Substance Use Outpatient (OP)
- » Treatment Services for Pregnant Individuals
- » Tobacco Cessation Counseling
- » Medication Assisted Treatment (MAT): Methadone, Subutex®, Sublocade®, Suboxone®, & Vivitrol®
- » Certified Recovery Specialist (CRS)
- » Center of Excellence (COE)
- » Adult Psychiatric Medication Management that coincide with substance use treatment

### Medication Assisted Treatment (MAT)

Individuals enrolled in our drug and alcohol treatment programs can receive Medication Assisted Treatment (MAT) with Methadone, Subutex®, Sublocade®, Suboxone®, & Vivitrol® in conjunction with their treatment services in one convenient location. These services are appropriate for people who are addicted to alcohol, heroin, or other opiates. Clients interested in Medication Assisted Treatment receive an evaluation to identify the medication that best aligns with their recovery goals, needs, and treatment plan. Individuals enrolled in this service also attend a MAT Maintenance group once per month.

### Tobacco Cessation Counseling

This service discusses tobacco use and the role it plays in daily routine. The individual and their counselor can address the social, financial, and emotional issues surrounding tobacco use, in addition to the health impacts associated with use. Counseling combined with tobacco cessation medication offers the best opportunity for a successful outcome.

### Center of Excellence Services

Individuals receiving treatment at the Pyramid Healthcare Center of Excellence are paired with a Certified Recovery Specialist who provides advocacy and support to help them successfully remain in treatment. Our Care Management teams assist in facilitating ongoing access to care, and improving client engagement while providing client centered treatment on their pathway to recovery.

### Certified Recovery Specialist (CRS)

A CRS collaborates with an individual in early recovery to help remove barriers that often result in relapse. A CRS will fill many roles including recovery coach, resource broker, confidant, advocate, and role model. CRS services help individuals develop a sense of independence while achieving recovery.

### Accepted Methods of Payment

- » Most private insurance
- » Medical assistance
- » County funding



**24/7 ADMISSIONS**  
(866) 724-1529  
pyramid-healthcare.com

**Altoona Outpatient Treatment Center**  
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