

Certified Recovery Specialist Services at Allentown Outpatient



What are Certified Recovery Specialists?

A Certified Recovery Specialist (CRS) collaborates with an individual in early recovery to help remove barriers which often result in relapse. The CRS draws upon their own lived experience to provide compassionate, empathetic, and accountable support. A CRS will fill many roles including recovery coach, resource broker, confidant, advocate, and role model. The goal of CRS services is to help individuals develop a sense of independence while achieving a recovery supported lifestyle. An individual will begin a journey down their chosen pathway to recovery with the CRS walking side-by-side with them. As the individual's independence grows, the CRS will gradually fall back and follow the lead of the recovery-driven individual.

Located at:

Allentown Outpatient Office

1605 N. Cedar Crest Blvd., Ste. 602 **(610) 434-1126**

Allentown, PA 18104 www.pyramidhealthcarepa.com

We do not discriminate against any patient in relation to admission, treatment, discharge, continuing care or employment based on race, color, religion, creed, national origin, sex, disability (including limited English proficiency) or sexual orientation. We offer priority admission to at-risk populations including IV drug users, adolescents, women, women with children, veterans, overdose survivors and preferential treatment services to pregnant women. Pyramid Healthcare, Inc. employees and the public may contact the Commission on Accreditation of Rehabilitation Facilities to report any concerns or register complaints about a CARF accredited health care organization by calling (866) 510-2273 or by email at feedback@carf.org. Rev. April 2017.





Services Provided

- Identifying community-based resources which support recovery
- Assist in developing individualized recovery plans which promote a pro-social lifestyle
- Identify and encourage pursuit of educational and employment opportunities
- Provide support when necessary before, during, and after treatment episodes
- Provide ongoing assistance for individuals in obtaining and/or maintaining services from multiple systems (i.e., mental health, CYS, criminal justice, etc.)
- Offer guidance on the recovery experience, to include stage appropriate recovery education
- Offer support related to obstacles that are often encountered during the early stages of recovery
- Help individuals to build or rebuild positive, constructive relationships with family and others
- Facilitate access to various community resources to ensure basic needs are met
- Monitor the individual's recovery stability
- Offer referral to treatment services when necessary

Getting Connected

Pyramid Healthcare's CRS services are contracted with our local County Drug and Alcohol Department and Magellan Behavioral Health. For more information on making a referral or to find out your funding options, please email allentownreferral@pyramidhc.com or call our office at **(610) 434-1126** to learn more.